THE QUEEN'S RETURN TO WHITEHALL

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Whitehall The constables and housekeepers are warned to provide good store of cressets to be placed very thick all the way where the Queen is to pass

izth November ALLEYN'S NEW PLAYHOUSE

The Lord Admiral's men now play at Mr Alleyn's new play-house, called the Fortune, where they have a new play by Dekker called *Fortune's Tenms* This house is built square, being without 80 feet on all sides, and within there are three galleries, 32 feet in height in all The stage is like that of the Globe, 43 feet in width, and in breadth coming forward to the midst of the yard, which is 55 feet square

i$th November SIR WILLIAM CORNWALLIS'S * ESSAYS'

Mr Henry Olney the printer hath put forth a little book of Essays written by Sir William Cornwallls the younger lest some mercenary hand coming upon a copy foully corrupted by often transcription should publish them unpolished to the world

His ESSAY 'OF SLEEP *

My custom is about this tune of day to sleep , to avoid which now I choose to write so, if this be a drowsy style, and sleepily done, I go not backward, for it serves in sleep's room. This sleep is to me in the nature that dung is to ground, it makes the soil of my apprehension more solid and tough, it makes it not so light and pleasant, and I am glad of it, for I find myself too much subject to a verbal quickness thus I think it good for me that am of a dry barren mould , but for others it may hap to make them too watensh the cause of this is common as the effect, yet as some bodies are more subject to it than others, so meats of one kind provoke it more than another This makes me often play the epicure, making my stomach a

coward, to
fight with partridge, pheasant and such fowl, whose airy parts
are more fine, and poison not the brain with thick vapours.
These four footed beasts axe dull and gross, and so is what pro-
ceeds from them Well, for my part I will put away this sleepy
humour, for it is an extreme spender When I come at the end
of a week to reckon how I have bestowed it, in that seven days
I find nothing but * Item, in sleep ' * Item, in sleep *, and in
the end, *summa totalis,* seven nights, seven afternoons, beside